

20th Anniversary!



Senior Games

Marietta Parks, Recreation & Facilities

Discover the Benefits...™

2010

Coordinating Agencies

Marietta Parks, Recreation & Facilities

Cobb Senior Services

Cobb County Parks, Recreation & Cultural Affairs

Brunswick Zone Azalea

Delmar Gardens of Smyrna

Every day you do one of two things: build health or
produce disease in yourself."

Adelle Davis

2010 COBB SENIOR GAMES INFORMATION

PURPOSE

The Cobb County Senior Games provide adults 50 and older an opportunity to participate in a variety of sports competitions, meet new people, learn new leisure skills, and become more aware of recreational opportunities available to them.

AGE

Age will be determined by the participants age as of May 1, 2010.

Events will be divided into men's and ladies divisions and age groups where appropriate. Birth date **must** be included for this reason.

REGISTRATION AND FEES

A \$12.00 registration fee must accompany the completed application form. Registration for participants outside of Cobb County will be \$15.00. Early registration will close **March 25. A \$2.00 late registration fee will be added after March 25.**

Checks should be made payable to **City of Marietta.**

Send registration to:

Senior Games

Marietta Parks and Recreation

PO Box 609

Marietta, GA 30061

Registration may also be dropped off at East Cobb Senior Center, 3332 Sandy Plains, Marietta; Windy Hill Senior Center, 1885 Roswell St., Smyrna; or the West Cobb Senior Center, 4915 Dallas Highway; Powder Springs; C. Freeman Poole Center, 4025 S. Hurt Rd, Smyrna.
North Cobb Senior Center, 4100 Hwy. 293, Acworth.

The liability waiver must be signed and dated by the applicant.

Registration entitles the individual to participate in any events that a time conflict does not occur.

Registration also includes opening luncheon, closing picnic, and Senior Games T-shirt.

Golf tournament fee of \$30.00, includes green fee, cart, continental breakfast and lunch. Golfers must also pay the \$12.00 registration fee. **Golf fee must be paid in advance to participate.**

AWARDS

Gold, Silver and Bronze medals will be awarded to 1st, 2nd, 3rd place winners in men's and women's divisions in appropriate age groups. Cobb County Senior Games reserves the right to combine age groups or to cancel any event due to insufficient registration, inclement weather, unusual or extenuating circumstances. In golf, a 1st, 2nd and 3rd place will be given for Calloway System and low gross in men's and women's divisions.

Please let us know if you require special assistance, so we can make arrangements to accommodate you.

For more information call Marietta Parks and Recreation at 770-794-5601

Active Lifestyles, Vital communities

2010 SENIOR GAMES REGISTRATION FORM

Name _____ Phone _____

Address _____
Street City State Zip E-Mail Address

Shirt size ☐S ☐M ☐L ☐XL ☐XXL

Birthday _____ Age _____ ☐M ☐F
month day year

Emergency Contact _____
Name Relationship

Emergency Phone _____

Would you like to receive information on Georgia Golden Games? ☐ yes ☐ no

REGISTRATION DEADLINE March 25

Registration until April 12 with a \$2.00 additional fee. Fees non-refundable.

Participation fees	_____	\$12.00 registration
	_____	\$15.00 registration outside of Cobb County
	_____	\$30.00 golf tournament, includes greens fee, cart, Continental Breakfast and Lunch (must pay registration fee also)
	_____	\$6.00 guest fee for opening luncheon, April 21
	_____	\$6.00 guest fee for picnic, May 14
	_____	\$2.00 late fee if applicable

TOTAL _____

Your registration fee includes a Senior Games T-shirt, the Opening Ceremony Luncheon, and Awards Picnic and any events you wish to enter where a conflict does not occur. Refreshments will be included at most events.

Make check payable to: CITY of MARIETTA

Mail to:

SENIOR GAMES

MARIETTA PARKS AND RECREATION

PO BOX 609

MARIETTA, GA 30061

Questions ??? 770-794-5603

Registration may also be dropped off at:

East Cobb Senior Center, 3332 Sandy Plains, Marietta

Windy Hill Senior Center, 1885 Roswell St., Smyrna;

West Cobb Senior Center, 4915 Dallas Highway; Powder Springs;

C. Freeman Poole Center, 4025 S. Hurt Rd, Smyrna.

North Cobb Senior Center, 4100 Hwy. 293, Acworth, GA 30101

WAIVER/RELEASE (MUST SIGN TO PARTICIPATE!)

The participant will indemnify and save harmless the City of Marietta and/or the Marietta Parks and Recreation Department, Cobb Senior Services, the organizers of the activity, sponsors, hosting facilities and its employees, supervisors, and any and all of them, all of which are hereinafter referred to as "releasees", from and against all claims, damages, actions, judgments, decrees, penalties, and/or liability and expenses in connection with loss of life, bodily and/or personal injury caused or alleged to be caused in whole or in part by the negligence of the releasee or otherwise. I have prepared myself for the events which I have entered by practicing prior to the games. To the best of my knowledge and belief, I have no physical restrictions which should prohibit my participation in the games. I also give my permission for my photo to be used in promotional materials and advertisements. The undersigned has read the above waiver/release, understands that they have given up substantial rights by signing it and sign it voluntarily.

Signature

Date

Office Use Only

Date Rec'd	
Amount	
Check #	
PForm#	
Notes	

2010 Cobb County Senior Games Event Schedule

Be sure to check the events you wish to enter!

√	Event	Location	Day	Date	Time
	Opening Ceremony Luncheon	West Cobb Senior Center	W	4/21	11:00 AM
	Bocce Ball,	Windy Hill Senior Center	TH	4/22	9:30 AM
	Basket ball 3 Point Shot	Lawrence Street Recreation	TH	4/22	1:30 PM
	Basket ball Free Throw	Lawrence Street Recreation	TH	4/22	2:00 PM
	Golf	City Club Marietta	M	4/26	9:30 AM
	Others in your foursome				
	Table Tennis Doubles	North Cobb Senior Center	T	4/27	9:15 AM
	Please list partner(s)				
	Table Tennis Singles		T	4/27	1:00 PM
	Shuffleboard Tournament	Laurel Park	W	4/28	9:30 AM
	Field Events	Al Bishop	T	4/29	9:30 AM
	Softball Throw		T	4/29	
	Softball Hit		T	4/29	
	Football Throw Distance		T	4/29	
	Shot Put		T	4/29	
	Swimming	Cobb Central Aquatics	Fri	4/30	1:30 PM
	50M Free	<i>Please limit to 5 events</i>	Fri	4/30	1:30 PM
	50M Back		Fri	4/30	1:30 PM
	50M Breast		Fri	4/30	1:30 PM
	50M Fly		Fri	4/30	1:30 PM
	100M Free		Fri	4/30	1:30 PM
	100M Back		Fri	4/30	1:30 PM
	100M Breast		Fri	4/30	1:30 PM
	100IM Medley		Fri	4/30	1:30 PM
	Frisbee Throw, accuracy	Laurel Park	Mon	5/03	10:00 AM
	Football Throw, accuracy	Laurel Park	Mon	5/03	10:30 AM
	Clock Golf	Delmar Gardens	M	5/10	10:00 AM
	Putting Competition		M	5/10	10:30 AM
	Ladies Billiards	East Cobb Senior Center	W	5/05	10:00 AM
	Tennis Tournament	Laurel Park	TH	5/06	
	Mixed Doubles	partner	TH	5/06	9:00 AM
	Doubles	partner	TH	5/06	10:00AM
	Men's Billiards	Freeman Poole	Fri	5/07	10:00 AM
	Bowling	Brunswick Zone Austell	M	5/10	10:00AM
	Track Events	Marietta High School	T	5/11	9:15 AM
	½ Mile Walk		T	5/11	
	1 Mile Walk		T	5/11	
	200 M Run		T	5/11	
	100 M Run		T	5/11	
	400 M Run		T	5/11	
	Horseshoe Tournament	Larry Bell Park	W	5/12	9:30 AM
	Fishing Tournament	Laurel Park	Fri	5/14	7:30AM
	Horseshoe Toss		Fri	5/14	10:15 AM
	Apple Peeling		Fri	5/14	10:30 AM
	Checkers		Fri	5/14	11:00 AM
	Corn Shucking		Fri	5/14	11:00 AM
	Hog Calling		Fri	5/14	11:45 AM
	Lunch & Awards		Fri	5/14	12:00 Noon